

TEN SECRETS FOR A TRIUMPHANT MARRIAGE

1. **Develop a vision for your marriage.** Dream a dream. Plan where you're going.
2. **Commit yourself to your marriage.** It takes two committed partners.
3. **Develop trust in each other.** Faithfulness begets trust.
4. **Get emotional health in your lives.** Develop a sense of self-worth.
5. **Work on your passion and romance.** Chemistry doesn't have to be spontaneous.
6. **Master your communication.** Talk *and* Listen to each other.
7. **Resolve conflict.** It can be productive in growing your relationship.
8. **Build a mutually satisfying sexual relationship.** Don't let the sparkle die out.
9. **Strengthen your support network.** Cultivate family and friends.
10. **Develop a spiritual relationship.** The couple that prays together stays together.

Adapted from *Learning To Live With The Love Of Your Life*, (formerly *The Triumphant Marriage*), by Dr Neil Clark Warren